

Please check your menu for which day the following new lunch choices are offered.

NEW LUNCH CHOICE:

FUN LUNCH

4 oz. Yogurt

String Cheese

2 Grain Choices which changes weekly

Review your menu for the main grain listed (Cereal Bar, Chex Mix, Muffin Top, or Goldfish) plus they get graham crackers.

This is prepackaged in a container.

Then your child may choose additional choices listed below to complete their meal:



2 servings of vegetables

1 serving of fruit

1 carton of milk



Fruit and vegetable choices change daily.

NEW LUNCH CHOICE:

Mini Chef Salad

Turkey or Ham (Changes Daily) Please check menu.

Iceberg/Romaine Lettuce

Shredded Carrots

Cucumbers

Shredded Cheese

Goldfish Crackers

Croutons

Chick Peas

This is prepackaged in a container.

Then your child may choose additional choices listed below to complete their meal:



2 servings of vegetables

1 serving of fruit

1 carton of milk



Fruit and vegetable choices change daily.